

The Top Ten Least Popular Self-Help Books

Series: I Became a Christian and All I Got Was This Lousy T-Shirt

Week Three: Top Ten List

Suggested Introduction: We've started this new series called, "I Became a Christian and All I Got Was This Lousy T-Shirt." This series is about how God wants us to do more than just become a Christian—he wants us to experience the adventure of the Christian life, but a lot of us miss out on that. So what can we do to make sure we don't miss it? This series is based on a book by the same name—and a lot of us are reading the book to go along with the series. Now if you're not reading the book, you'll still be able to understand everything we're talking about; it's not a problem. But it's a really good book. Now some of you maybe aren't used to reading a lot, or perhaps you read more fiction. This book isn't really a self-help book—it's more about getting us in touch with God so we can receive his help, but it's close to a self-help book. And there are some good examples of those types of books, and there are some that are not so great. In fact, I thought I'd share with you ...

**This list below is also in the designed PowerPoint.*

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10. "The Seven Habits of Out-of-Work Truck Drivers"
9. "You are Different and That's Bad"
8. "Combing! The Revolutionary New Way to Adjust Your Hair"
7. "8 Weeks to a Sweatier You"
6. "I'm Okay; You're Dysfunctional—So Get Out of My Face You Weirdo!"
5. "How to Win Frodos and Influence Gandalfs"
4. "Five Simple Steps to Reducing All Human Problems to an Over-Generalized Formula"
3. "Shampoo—Rinse—Repeat; a 3-Step Chemical Process That Could Change Your Life!"
2. "Men Are From Mars, Women Are From Venus; At Least One Teletubby Is From the West Village"
1. "It's Hopeless," by Jack Kevorkian

